ECARIS

2nd Training Activity

3 DAYS FREE WEBINAR

23, 24 & 26 MARCH 2021

PLEASE REGISTER:
https://ecaristraining.eventbrite.com



PROGRAMME

TUESDAY 23 MARCH 2021

Morning Sessions

10:15 - 11:00 CET **Slowing the progression of Chronic Kidney Disease (CKD)**
Speaker: Mr. Psounis Konstantinos MD, Nephrologist

11:00 - 11:45 CET **Patient Education: Peritoneal Dialysis**
Speaker: *Mr. Vassilios Liakopoulos, MD, Ph.D. Associate Prof. of Nephrology, Medical School of Aristotle University of Thessaloniki*

Evening Sessions

15:30 - 16:00 CET **Thai massage benefits as a relief procedure for kidney patients and caregivers**
Speaker: Mrs. Nektaria Kapoula, Thai massage instructor

WEDNESDAY 24 MARCH 2021

Morning Sessions

10:15 - 10:50 CET **Advice to dialysis patients about vascular access protection**
Speaker: *Angiologist Mr. Argeitis Vasileios, MD, MsC, Medical Director of Vascular Surgery Clinic, Hospital Agia Olga, Athens*

11:00 - 11:30 CET **Music Therapy and Mental Health**
Speaker: Mrs. Adamopoulou Christiana

Evening Sessions

15:00 - 15:10 CET **Towards an ambitious EU initiative on Care & Caring – Possible ways forward**
Speaker: *Mr. Stecy Yghemonos, Executive Director of Eurocarers*

15:15- 15:40 CET **Supportive intervention for young & and adult caregivers**
Speaker: Mrs. Marina Makri, BSc,MSc, MA, PhD candidate School of Medicine, Aristotle University of Thessaloniki

15:45 - 16:30 CET **The Benefits of Yoga for Stress Management to patients and caregivers**
Speaker: Mrs. Nektaria Kapoula, Yoga instructor

FRIDAY 26 MARCH 2021

Morning Sessions

10:45 - 11:30 CET **Open discussion about Preemptive Kidney Transplant**
Speaker: Dra. María Valentín, Organización Nacional de Trasplantes (Spanish Transplant Orgnization), Ministry of Health

Evening Sessions (Each partner will choose the last 2 topics. The presentations and discussion will take place in his native language)

15:00 - 15:30 CET …….

15:45 - 16:30 CET …….